

Red Beans & Rice

Empty contents of bag into the slow cooker and then add the 1 ¼ cups uncooked brown rice and stir.
Cook on low for 5-6 hours.

Suggested side: pineapple

My Family Meal Planner Slow Cooker Only
MyFamilyMealPlanner.com

Red Beans & Rice

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Vegetable Soup

Cook on high for 6-8 hours. (If you are using leftover roast or steak instead of the round steak, cook on low for 6-8 hours instead.)

Suggested side: banana & saltine crackers

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Vegetable Soup

Cook on high for 6-8 hours. (If you are using leftover roast or steak instead of the round steak, cook on low for 6-8 hours instead.)

Suggested side: banana & saltine crackers

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Steak and Gravy

Cook on low for 6-8 hours or high 4-5 hours.

Suggested side: green beans & dinner rolls

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Cook on low for 6-8 hours or high 4-5 hours.

Suggested side: green beans & dinner rolls

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Slow Cooker Cheeseburgers

Cook on low for 3-4 hours. Serve on hamburger buns.

Suggested side: strawberries, carrots & chips

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Suggested side: strawberries, carrots & chips

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Bacon Ranch Chicken

Cook on low for 6-8 hours. When you are ready to eat, cook 8 oz egg noodles as directed on the package. Shred the chicken and serve over noodles.

Suggested side: side salad & pineapple

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Bacon Ranch Chicken

Cook on low for 6-8 hours. When you are ready to eat, cook 8 oz egg noodles as directed on the package. Shred the chicken and serve over noodles.

Suggested side: side salad & pineapple

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Pineapple Ham Steaks

Grease your slow cooker and then add the contents of the Ziploc bag. Cook on low for 5-6 hours.

Suggested side: mashed potatoes, green beans & crescent rolls

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Pineapple Ham Steaks

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Suggested side: mashed potatoes, green beans & crescent rolls

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Tilapia

Cook on low for 4-6 hours.

Suggested side: spaghetti & applesauce

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Slow Cooked Pork Chops

Cook on low for 6-8 hours or until chops are tender.

Suggested side: strawberries & bread

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Zippy Beef Tips

Cook on low for 6-8 hours.

Suggested side: egg noodles, broccoli & pears

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Catalina Chicken

Cook on low for 4-6 hours.

Suggested side: mashed potatoes, peas & bread

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